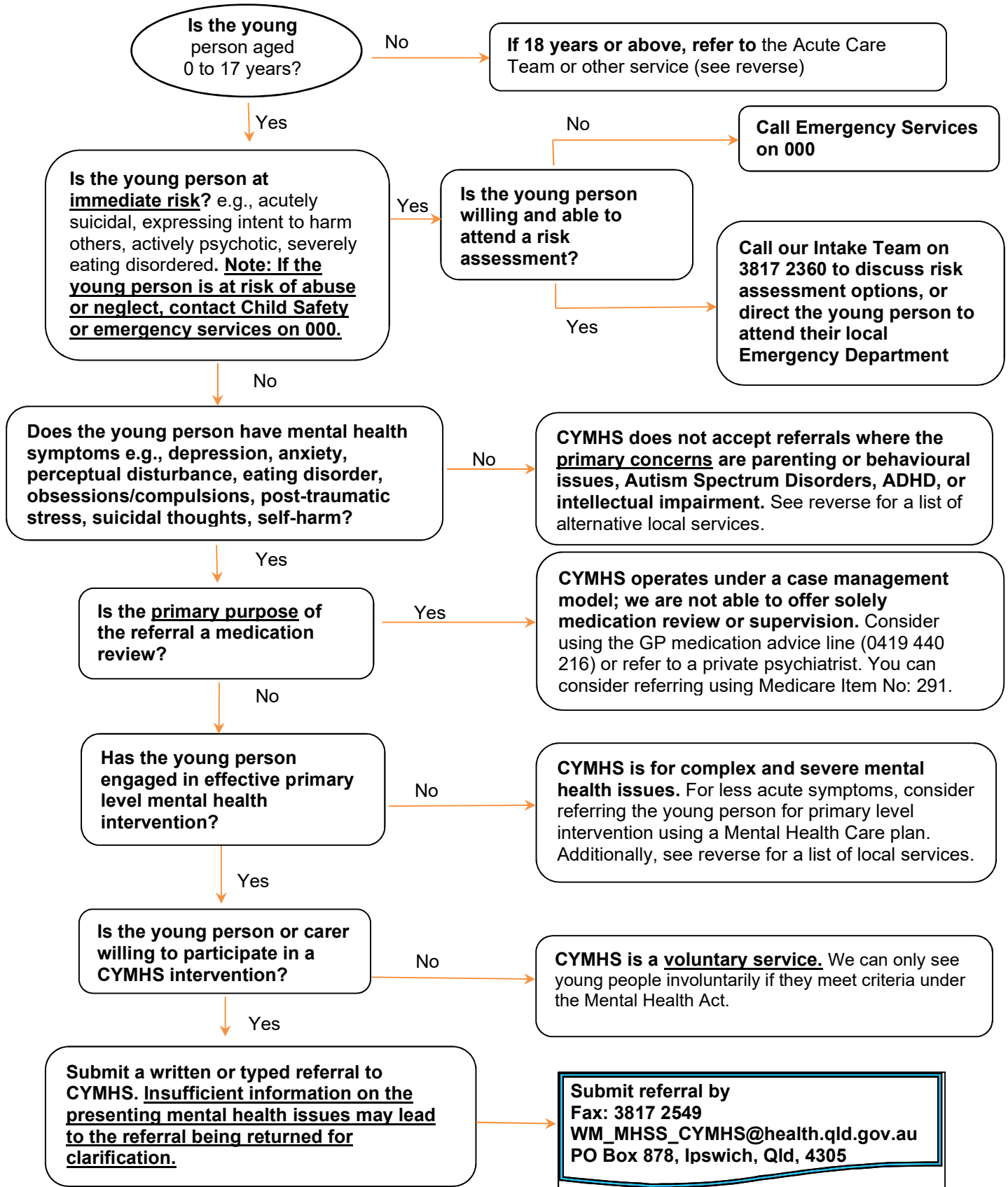


Child & Youth Mental Health Service (CYMHS)

Referral Pathways for Young People with Mental Health Issues



PLEASE CALL IPSWICH CYMHS INTAKE on 3817 2360 IF YOU HAVE ANY QUESTIONS ABOUT YOUR REFERRAL OR THE DECISION TREE ABOVE.



Mental Health and Specialised Services

Caring Better Together



Child & Youth Mental Health Service (CYMHS)

Referral Options for Young People with Mental Health Issues

Area of Need	Service
Psychology Mental Health General Counselling	Headspace Ipswich Ph. 3280 7900 Inala Ph. 3727 5000 (12-25 years) Stride Kids Ph. 3447 6500 (0 – 11 years) Uniting Care Ipswich Ph. 3816 9623 EACH (Complex Case Co-ordination) Ph: 3810 9400 Better Access Initiative www.health.gov.au/mentalhealth-betteraccess
Adults (18 & above)	Acute Care Team Mental Health Service Ipswich Ph. 1300 642 255
Parenting & Family Support	Mercy Community Ipswich Ph. 3280 8000 Anglicare (Children & Parenting Program, Operation Kinder Community, Reconnect) Ph. 1300 114 397 Relationships Australia Ph. 1300 364 277 Family & Child Connect (referral service) Ph. 13 32 64 Child Health Ph. 3817 2340
Anger & Behavioural Issues	Headspace Ipswich Ph. 3280 7900 Inala Ph: 3727 5000
Indigenous Services	Gallang Place (provides outreach) Ph. 3899 5041 Kummara Families Goodna Ph. 3498 0032 Kambu Medical Centres Ipswich Ph. 3810 3000 Goodna Ph. 3436 9600 Laidley Ph. 5465 3541
Sexual Assault/Trauma	Service Against Sexual Violence (DVAC Initiative) Ipswich Ph. 3816 3000 Anglicare Family Support Program Ph. 1300 114 397 Act for Kids Ph. 3202 1488
Disability Developmental Disorders Autism Spectrum Disorder ADHD	Child Development Service Ph. 3817 2324 Autism Queensland Ph. 3273 0000 www.autismqld.com.au NDIS (National disability Insurance Scheme) Ph. 1800 800 110 or consider referring to a private allied health provider and/or a local paediatrician
Substance Use	Alcohol & Other Drugs Service Ph. 3817 2400 Alcohol & Drug Information Service Ph. 1800 177 833 Ted Noffs Foundation Ph. 0429 433 747 or 1800 753 300 Youth in Charge Ph: 1300 114 397
Domestic Violence	Domestic Violence Action Centre Ph. 3816 3000
Grief & Loss	Hilda's House Ph. 3812 1163
Rural	Contact your local community centre for up-to-date information on available programs and other local services: Carinity Fassifern Community Centre (Boonah) Ph. 5463 2966 Lockyer Community Centre (Gatton) Ph. 5462 3355 Laidley & Districts Community Inc (Laidley) Ph. 5465 1889 Lowood Hub Ph. 5426 3432 Or search the HealthDirect www.healthdirect.gov.au